

# SALT & LIGHT

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## MARTIN LUTHER KING DAY EVENTS

Although we've made progress in the last 50 years, both poverty and racism remain deeply entrenched in our community. People of good will often don't know what to do to effect change. A good place to start may be moving beyond our comfort levels to go out of our neighborhoods and change the racial mix by our own presence. Consider celebrating Martin Luther King Day by attending an event that's not in your neighborhood. Here are some options:

### **Sunday, January 19, 4:00 pm**

The Greater Rochester Martin Luther King Jr. Commission is sponsoring **Youth Sunday 2014** at Rochester City Hall in conjunction with the Rochester Black Heritage Committee. Read more at <http://www.grmlk.org/king-day-2014/youth-day-2014/>



### **Monday, January 20, 9 AM Eastman Theater, 20 Gibbs St, Rochester**

You are invited to the 29th Annual Martin Luther King Community-wide Celebration. This year celebrates the 50th Anniversary of the March on Washington and the 150th Anniversary of the Emancipation Proclamation. Free and open to the public.

### **Monday, January 20, 7:00 pm Church of the Assumption, 20 East Avenue. Fairport**

The Church of the Assumption will host an ecumenical gathering, "One World, One People: The Dream Pursued." Reverend Marvin A. McMickle, Ph. D., president of Rochester Colgate Crozier Divinity School will be the guest speaker. "In a world so often broken by violence, indifference, war, and hopelessness, please take this opportunity to sing, pray, worship and be uplifted as you listen to the wisdom of Reverend McMickle's message."

### **Monday, January 20, 2014, 11:30 am University of Rochester Medical Center Whipple Auditorium**

Join us for song, dance, poetry. Keynote speaker: Rev. Lawrence Hargrave, Asbury First Methodist Church. Free and open to the public. Sponsors: 1199 SEIU United Healthcare Workers East and Strong Memorial Hospital Administration.

*"Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal."*

Martin Luther King, Jr.

## SEASON FOR NONVIOLENCE

"A Season for Nonviolence" marks the 64 days between the anniversaries of Mohandas Gandhi and Martin Luther King's death, January 30 - April 4. Nonviolence takes lots of practice, so The Gandhi Institute is providing some very useful tools to help. As Martin Luther King tells us we can only build peace by living it. Why not start now?

For more information go to <http://bethechangerochester.org/>

64 Daily practices that make a difference: <http://bethechangerochester.org/wp-content/uploads/2012/01/64-Daily-Practices-Short.pdf>

Take the Pledge of Nonviolence: <http://bethechangerochester.org/take-the-pledge/>

## CHRISTIANITY AND ISLAM

*What can Islam teach us about our Christian faith?*

You are invited to a conversation with Dr. Muhammad Shafiq and Deacon George Dardesson Thursday, Jan. 30, 7-8:30 pm at St. Mary's Church, Dugan Center.

Dr. Shafiq is Director, Hickey Center for Interfaith Dialogue at Nazareth College.

Deacon George is author of several books on Muslim-Christian dialogue.

## SAVE THE DATE

The 2014 "Catholics at the Capitol" Day will be held on **Wednesday, March 19, 2014**, St. Joseph's Day. If you've attended before, please join us again. If not, this is a great opportunity to meet your New York legislators, celebrate Mass with Cardinal Dolan and the New York State Bishops. Transportation and lunch provided. More information to come!