

# Stewardship Opportunity

## Pastoral Care Stephen Ministry

Our Pastoral Care team extends compassionate care to all in our parish community who may be sick, grieving, or desiring a tangible sign of God's presence, in some way, in their lives.

Stephen Ministers are laypeople who are growing spiritually as they serve.

Stephen Ministers provide care-giving and support in a one-on-one setting to people experiencing difficulty.

### *What's expected?*

- Attending 50 hours of training
- Weekly care-giving and support to care receivers
- Attending support and continuing education sessions

### *Talents needed:*

- Listening
- Confidentiality
- Patience
- Steadiness
- Understanding/empathy
- Spirituality

### *Time commitment:*

- Term – two years
- Meetings – 50-hour training and approx. bi-weekly meeting after
- Training – Initial training, then continuing education and peer support

### *Benefits:*

Lay people nurture and use their gifts in a meaningful ministry, growing spiritually as they serve. It is a powerful and practical way to serve those who are experiencing difficulty.

### *Contacts:*

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